

# THE ULTIMATE RECYCLING LIST

A complete list of what can be recycled.



## Paper

all office paper  
white paper  
colored paper  
newspaper

(bags and strings removed)

magazines (all types)  
catalogs (all types)  
phonebooks (all types)

junk mail

paperboard  
tissue boxes

heavy weight folders  
paper towel and toilet paper rolls  
food packaging  
shredded paper

(in paper bag to minimize blow-away potential)

paper milk, juice and soy milk cartons  
(should be empty)

books: all soft cover, hard covers  
should be ripped off  
empty paper coffee cups  
(plastic lids removed)

## Cardboard

ALL cardboard boxes must be broken down.  
pizza boxes (food and wax paper removed)

brown paper bags  
boxboard (i.e. shoeboxes,  
gift boxes, cereal boxes)

## Metal

Please wash out all food jars!  
metal and tin beverage containers  
metal and tin food containers  
aluminum foil  
aluminum take-out containers  
aluminum pie plates and trays  
kitchen cookware: metal pots, pans, tins  
and utensils

## Glass

Please wash out all food jars!  
All colors glass bottles and jars  
clear glass  
green glass  
brown glass  
blue glass  
glass food containers

## Plastics

All plastics numbers 1-7  
food and beverage containers  
screw top jars  
deli-style containers  
clam-shell take-out containers  
plastic cups  
(lids and straws removed)  
milk jugs  
soap bottles  
(no other type accepted)  
plastic jugs/bottles: soda bottles,



# NOT ACCEPTED

## AS RECYCLING

A complete list of what CANNOT be recycled

Napkins

Tissue paper

Paper towels

Wax paper

Wrapping paper

Any paper product which has the potential to  
be contaminated with bodily fluids

Mirror glass

Window glass

Ceramic

Crystal

Cardboard lined with plastic  
(i.e. bubblewrap boxes)

Waxed/waterproof cardboard

Plastic baggies

Plastic tableware

Styrofoam containers

Motor oil cans

Metal and cardboard containers

Paint cans

Bulk Metal

Propane tanks

Electronic Waste

Computer Equipment and Electronics

Any electronic equipment which plugs into a wall,  
has a cord, battery or circuit board

Inkjet Cartridges

Compact Fluorescent Bulbs (CFL)

Light bulbs

Batteries

Cell Phones, PDAs and other small electronic equipment